

@ 048 = A : 8 : C : C @ O : - Hellebore

gradinar, ? 5 B J : 25 N ; 8 2008 - 12:31:17

0 A B 5 ? @ 548 <=> 2 & 5 = B @ 0 ; = 0 8 . 6 = 0 2 @ > ? 0 A ? 0 = 8 O ,  
 > @ B C 3 0 ; 8 O , C < J = 8 O 8 # : @ 0 9 = 0 . ! 8 ; = > > B @ > 2 = > 5 , = > 2  
 < 0 ; : 8 : > ; 8 G 5 A B 2 0 2 < 8 = 0 ; > B > 5 A ; C 6 8 ; > : 0 B >  
 ? @ 8 A ? 8 2 0 B 5 ; = > . 0 @ 8 G 0 = > ! 5 > ; 5 4 = 0 @ > 7 0 , 3 @ 0 4 8 = A : 8 O B  
 : C : C @ O : 5 <=> 3 > 3 > 4 8 H = > , = 8 A : > @ 0 A B O I > @ 0 A B 5 = 8 5 , A J A  
 B J < = 8 8 3 ; 0 4 : 8 ; 8 A B 0 8 5 A = 5 6 = > 1 5 ; 8 2 5 = G 5 ; 8 A B G 5 B 0 .  
 4 8 = > B = 0 9 - ? > ? C ; O @ = 8 B 5 8 : @ 0 A 8 2 8 : C : C @ O F 8 5 G 5 @ = 8 O B  
 : C : C @ O : (Helleborus niger), : > 9 B > @ 0 A B 5 > B . 6 = 0 5 @ < 0 = 8 O 4 > ! J @ 1 8 O .  
 0 @ 5 G 5 = 5 B 0 : 0 7 0 @ 0 4 8 F 2 5 B 0 = 0 : > @ 5 = 8 B 5 A 8 , : > 8 B > A 5  
 8 7 ? > ; 7 2 0 B 2 = 0 @ > 4 = 0 B 0 < 5 4 8 F 8 = 0 . J ? @ 5 : 8 G 5 ? > 8 < 5 5  
 G 5 @ 5 = , B > 9 8 < 0 <=> 3 > 5 4 @ 8 A = 5 6 = > 1 5 ; 8 F 2 5 B > 2 5 , > B  
 2 J = H = 0 B 0 A B @ 0 = 0 A ; 5 : @ > 7 > 2 > B B 5 = J ; , : > 9 B > A 5 C 2 5 ; 8 G 0 2 0  
 A 2 J 7 @ 0 A B B 0 . 0 @ 0 7 ; 8 : 0 > B 4 @ C 3 8 B 5 : C : C @ O F 8 , ? @ 8 : > 8 B >  
 F 2 5 B > 2 5 B 5 A 0 = 0 2 5 4 5 = 8 = 0 4 > ; C , = 5 3 > 2 8 B 5 A 0 8 7 ? @ 0 2 5 = 8 .  
 8 A B 0 B 0 A 0 ? ; J B = 8 , : > 6 5 A B 8 , B J <=> 7 5 ; 5 = 8 , ? > 2 @ 5 < 5 = 0  
 F J D B 5 6 0 , : > 9 B > 5 ? @ 5 7 4 5 : 5 < 2 @ 8 - 0 ? @ 8 ; , 8 7 3 ; 5 6 4 0 B  
 2 5 ; 8 : > ; 5 ? = > , A ; 5 4 : > 5 B > ? > A B 5 ? 5 = > > B < 8 @ 0 B 8 A 5  
 7 0 < 5 = O B > B = > 2 8 .

C ; B 8 2 8 @ 0 A 5 > ! 5 > B ! @ 5 4 = > 2 5 : > 2 8 5 B > . 5 @ < 0 = 8 O  
 A J I 5 A B 2 C 2 0 B @ 0 4 8 F 8 O 7 0 > 6 4 5 A B 2 > 4 0 A 5 ? > 4 0 @ O 2 0 F J D = 0 ;  
 : C : C @ O : 2 A 0 : A 8 O 8 ; 8 = 0 1 C : 5 B . 5 < F 8 B 5 3 > = 0 @ 8 G 0 B A = 5 6 = 0  
 @ > 7 0 8 2 O @ 2 0 B , G 5 A 5 5 ? > O 2 8 ; > B A J ; 7 8 B 5 = 0 > 2 G 0 @ G 5 , : > 5 B >  
 = O < 0 ; > : 0 : 2 > 4 0 ? > 4 0 @ 8 = 0 < ; 0 4 5 = 5 F 0 % @ 8 A B > A . ! J 7 4 0 4 5 = 8  
 A 0 <=> 3 > @ 0 7 = > 2 8 4 = > A B 8 8 A > @ B > 2 5 A 1 5 ; 8 , @ > 7 > 2 8 8  
 B J <=> G 5 @ 2 5 = 8 5 4 @ 8 , 4 > 1 1 A < 2 4 8 0 < 5 B J @ , F 2 5 B > 2 5 .  
 C : C @ O : J B ? @ 5 4 ? > G 8 B 0 ? > ; C A 5 = G 5 A B 8 < 5 A B 0 A @ 5 4 4 J @ 2 5 B 0 8  
 E @ 0 A B 8 , = > 4 > 1 @ 5 @ 0 A B 5 8 = 0 = 5 <=> 3 > ? ; J B = 0 A O = : 0 , 0  
 A J I > 8 = 0 ? @ 8 ? 5 G = 8 < 5 A B 0 , 0 : > A 5 ? > ; 8 2 0 @ 5 4 > 2 = > .  
 > G 2 0 B 0 , = 0 : > O B > : C : C @ O : J B I 5 A 5 @ 0 7 2 8 2 0 4 > 1 @ 5 , B @ O 1 2 0 4 0  
 5 3 ; 8 = 5 A B 0 , 4 J ; 1 > : > > 1 @ 0 1 > B 5 = 0 8 4 > 1 @ 5 = 0 B > @ 5 = 0 A  
 > 1 > @ A : 8 B > @ . 5 0 3 8 @ 0 4 > 1 @ 5 ? @ 8 2 = 0 A O = 5 B > = 0 2 0 @ > 2 8 ; , = >  
 ? > G 2 5 = 0 B 0 @ 5 0 : F 8 O B @ O 1 2 0 4 0 5 = 5 C B @ 0 ; = 0 . 5 1 8 2 0 4 0 A 5  
 4 > ? C A : 0 = 8 B > ? @ 5 A J E 2 0 = 5 , = 8 B > ? @ 5 > 2 ; 0 6 = O 2 0 = 5 = 0  
 ? > G 2 0 B 0 . 0 5 4 = > 8 A J I > < O A B > : C : C @ O : J B < > 6 5 4 0 @ 0 A B 5 8  
 4 0 F J D B 8 > 1 8 ; = > 4 5 A 5 B : 8 3 > 4 8 = 8 . 0 7 <=> 6 0 2 0 = 5 B > A B 0 2 0  
 G @ 5 7 @ 0 7 4 5 ; O = 5 = 0 : > @ 5 = 8 I 5 B > 8 G @ 5 7 ? > A 5 2 . J 7 @ 0 A B = 8 B 5  
 @ 0 A B 5 = 8 O 5 4 > 1 @ 5 4 0 A 5 @ 0 7 4 5 ; O B 8 ? @ 5 A 0 6 4 0 B 8 ; 8 @ 0 = >

=0?@>;5B, ?@54840570?>G=0; @0AB56JB=0 :>@5=8B5, 8;8  
:JA=> ?@575A5=B0. C:C@OF8B5 ?> ?@028;> =5 >18G0B  
?@5A0640=5B> 8 :>30B> B>20 AB0=5, FO;03>48=0  
:0?@87=8G0B, @0AB0B A;01> 8 G5AB> =5 FJDBOB, => ?>GB8  
=8:>30 =5 703820B. >A0640=5B> AB020 2 ?@5420@8B5;=>  
?>43>B25=8 4C?:8 A 4J;1>G8=0 >:>;>30 A<, =0 @07AB>O=85  
30-40 A< 54=0 >B 4@C30. !;54 B>20 2 B5G5=85 =015-20 4=8 B@O120 40  
A5 ?>;820 >18;=>. !JA A5<5=0B0 <>65 40 A5 ?>;CG8  
3>;O<> :>;8G5AB2> =>28 @0AB5=8O, 0:> A5 70A5OB 254=030  
A;54 C7@O20=5B>- 2 :@OO =O N=8. @57 ?@>;5BB0 I5  
?>=8:=0B ?>-3>;O<0B0 G0AB >B BOE, 0 >AB0=0;8B5- ?@57  
A;5420I0B0 3>48=0. ;048B5 @0AB5=8O A5 ?8:8@0B =0  
?>;CA5=G5AB> <OAB> 2 AB04891-2 8AB8=A:8 ;8AB0 =0  
@07AB>O=8520 A<. 0 ?>AB>O==> <OAB> A5 70A0640B A;543-4  
3>48=8 ?@57 023CAB-A5?B5<2@8. 18:=>25=> ?>;CG5=8B5  
>B A5<5 :C:C@OF8 70FJDBO20B A;543-4 3>48=8, => 8<0 =>28  
A>@B>25, :>8B> <>65 40 FJD=0B >I5 =0 2B>@0B0 3>48=0.  
C:C@O:JB 5 87<564C =09-G5AB8B5 >18B0B5;8 =0 A5=G5AB8B5  
G0AB8 =0 0;?8=5C<8B5 8 3@048=8B5. !3>48=8B5 A5 >1@07C20B  
3>;5<8 BCD8, :>8B> 4020B ?>50-60 F25B=8 ABJ1;0 8 :@OAOB  
3@048=0B0 ?@57 FO;0B0 3>48=0. OAB5=85B> A5 ?>44020  
;5A=> =0 >B3;5640=5. 18G0 A25B;8B5 <5AB0, => =5 8 O@:0B0  
A25B;8=0. ?B8<0;=0B0 B5<?5@0BC@0 =0 ?><5I5=85B> 515-  
20 3@04CA0. >G20B0 B@O120 40 1J45 1>30B0 =0 EC<CA,  
=0?>5=0 A 2;030, => =5 8 704J@60I0 2>40. >48=0 <C 5  
!525@=0 J@F8O. C;B828@0=> 5 A <548F8=A:0 F5; >I5 ?@57  
16413. # =0A A5 >B3;5640 2 42>@>25B5 8 =O:>8 ?>4>1@5=8  
A>@B>25 4>AB830B20 A< 28A>G8=0. @048=A:8OB :C:C@O:  
?>=0AO 4>1@5 ?>;CAO=:0. 07<=>6020 A5 G@57 ;C:>28F8 8  
A5<5=0. C:>28F8B5 A5 70A0640B 2 =0G0;>B> =0 A5?B5<2@8  
=0 4J;1>G8=0, =5 ?>-3>;O<0 >B5-6 A<. 8 @07AB>O=85, :>5B>  
40 ?>72>;8 A2>1>4=> @07;8AB20=5 =0 ?@>;5B. !5<5=0B0 A5  
70AO20B @0=> =0?@>;5B.